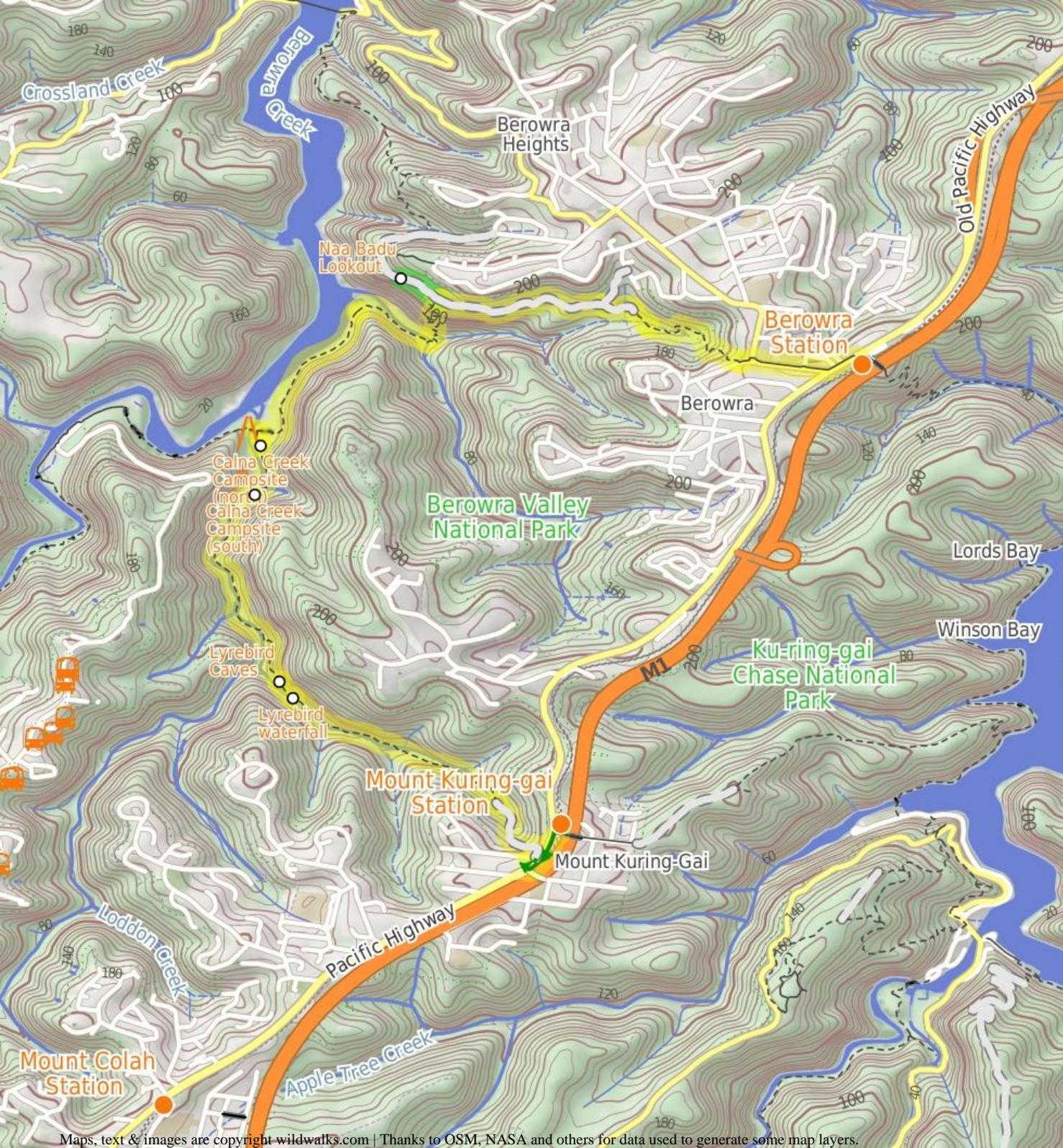




## Mt Kuring-gai Track to Berowra station



4 hrs 15 mins

Hard track



9.7 km One way

▲ 553m

This walk explores three valleys, with great displays of wild flowers in spring, and some nice sandstone overhangs. The section between Mt Kuring-gai and the end of Calna Creek is particularly nice, and Naa Badu Lookout is well worth the small side trip. Take the time to enjoy the many creek side rest areas along the way.

221m

1m

Berowra Valley National Park

## Lyrebird waterfall

This informally named waterfall is found on Lyrebird Gully creek about 300m upstream of its confluence with Calna Creek. The top of the fall is partially fenced with a timber handrail where the water flows over the solid rock platform, with naturally carved holes, to fall about 8m to the shallow pool and boulders below. The track passes the top of the fall and does not provide a good view of the face of the fall, but it is still a very pleasant spot.

## Lyrebird Caves

The Lyrebird caves are a series of notable sandstone overhangs on the eastern side of Lyrebird Gully. There are 3 main overhangs, with the larger (more northern) one providing significant shelter. The larger cave has a fairly flat base in the centre and provides a pleasant place to rest on a hot or rainy day.

## Calna Creek Campsite (south)

This small signposted campsite sits on a flat grassy clearing in a small casuarina forest which provides plenty of shade. There is a small fireplace set up. This creek-side campsite is a good spot for those wanting to get the most out of a relaxing, overnight camp, just a short stroll to Berowra Creek and the main spine of the Great North Walk. Bring your own water, as the creek water is not suitable for drinking.

## Calna Creek Campsite (north)

This is a quaint little campsite, located on the Mt Kuring-gai access track to the Great North Walk, on the banks of Calna Creek. This campsite provides plenty of room for a few tents, and also a fire scar with logs for seating. Carry in your own water as the salty creek water is not suitable for drinking.

## Naa Badu Lookout

Naa Badu Lookout offers magnificent views south over Berowra Creek as well as over Sams and Calna Creeks. Naa Badu means 'See water' in the Aboriginal tribal language of the Dharug people. It is believed that Berowra Creek was the boundary between the Dharug and Guringai Aboriginal peoples. The lookout is fenced, has a bench seat, picnic table and a fair amount of natural shade.

## Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast ([BOM Metropolitan District](#))
- 2) Fire Dangers ([Greater Sydney Region](#))
- 3) Park Alerts ([Berowra Valley National Park](#))
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

## Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- T** Take adequate supplies of food, water, navigation and first aid equipment.
- R** Register your planned route and tell friends and family when you expect to return.
- E** Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
- K** Keep to your planned route and follow the map and walking trails.

## Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

**1:25 000 Map Series:**91304S HORNSBY, 91304N COWAN

**1:40 000 Map Series:**CMA Ku-ring-gai Chase National Park Tourist Map

**1:100 000 Map Series:**9130 SYDNEY

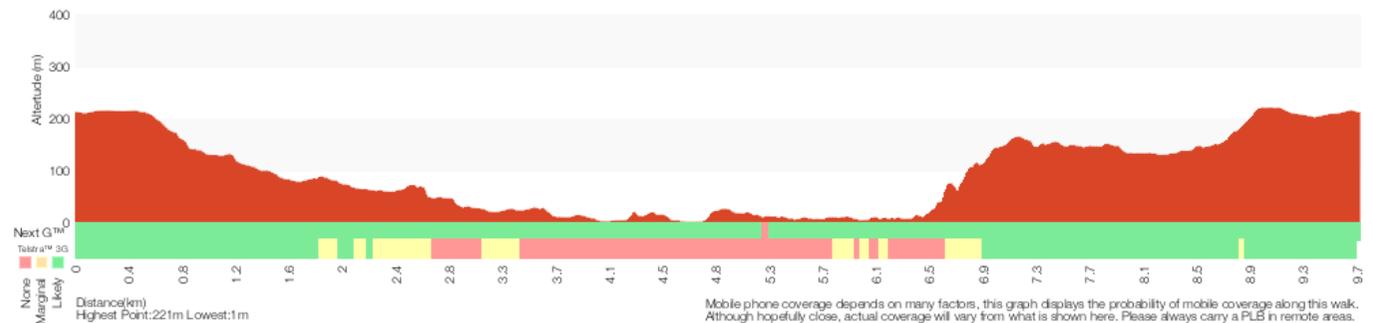
## Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.



Grade 4/6  
Hard track

<b>Length</b>	9.7 km One way
<b>Time</b>	4 hrs 15 mins
<b>Quality of track</b>	Rough track, where fallen trees and other obstacles are likely (4/6)
<b>Signs</b>	Directional signs along the way (3/6)
<b>Experience Required</b>	Moderate level of bushwalking experience recommended (4/6)
<b>Weather</b>	Storms may impact on navigation and safety (3/6)
<b>Infrastructure</b>	Limited facilities, not all cliffs are fenced (3/6)



### Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk's overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

**Getting there** You can get to Mt Kuring-gai Railway Station (gps: -33.6538, 151.1367) by car, train or bus. Car: There is free parking available.

You can get back from Berowra Station (gps: -33.6232, 151.1533) by car or bus. Car: There is free parking available.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/mk2b>

### 0 | Mt Kuring-gai Railway Station

*(520 m 9 mins)* From the middle of the tunnel at the bottom of the stairs at Mt Kuring-gai railway station, this walk follows the 'To the Great North Walk' sign through the tunnel to the Pacific Hwy. Here the walk turns left and follows the footpath between the highway and train line for about 200m to pass the traffic lights at Glenview Rd. The walk then continues straight up the ramp for another 100m and turns right onto the pedestrian bridge. Here the walk crosses the Pacific Hwy on the footbridge, then follows the concrete ramp as it zigzags back down to the ground. This ramp ends just near the Aldi shopping complex. From the bottom of the footbridge near the Aldi shopping complex, this walk follows the footpath alongside the Pacific Hwy, under the footbridge and away from the shops. Keeping the highway to your right for 100m, this walk then crosses 'Glenview Rd' (at the intersection with the Pacific Hwy) to find the top of 'Lyrebird Gully track', marked with a locked green metal gate.

### 0.52 | Int of Glenview Rd and the Pacific Hwy

*(530 m 12 mins)* Continue straight: From the intersection (of Glenview Rd and the Pacific Hwy), this walk follows the GNW arrow post around the locked 'Lyrebird Gully Track' gate, to head down the sealed management trail. The trail leads past a large 'To the Great North Walk' sign where the trail then bends left behind the houses and heads steeply downhill for about 500m, coming to the end of the sealed trail and a large flat clearing.

### 1.05 | Lyrebird Clearing

*(1.4 km 27 mins)* Continue straight: From the bottom of the sealed management trail, this walk follows the GNW arrow post across the clearing following the old dirt trail. After about 120m, this walk comes to another small clearing, where this walk turns left following the 'The Great North Walk' sign. The track then bends right and leads down to cross over a short flat timber bridge across a concrete channel. From here, the rocky track leads down along the side of the hill for about 150m before heading down some stone steps (with a handrail, under a set of power lines) to come to the 'Great North Walk register' box on a pole. After filling in your intentions (and reading others entries), this walk continues down along the track beside a rock wall, past a short section of handrail then down a series of timber and rock steps for about 300m to then cross Lyrebird Gully creek on the sandstone platform. This creek crossing and other crossing further down the valley can become impassable after heavy or prolonged rain. The walk then leads over the short section of green timber boardwalk, following the GNW arrow post uphill. The walk then follows the rocky track along the side of hill for about 250m to pass beside a rock wall (on your right) and a section of handrail and steep valley (on your left). Here the walk steps down a rock (with metal peg) to follow the rocky track downhill and come close to a

creek. Here the walk follows the edge of creek (keeping the creek to your left) for just shy of 100m to then cross the creek using boulders with carved steps. Once on the other side of the creek, this walk crosses back again, almost immediately, following the handrail and flat timber bridge (note: this boardwalk/bridge was washed away during a flood in 2012, the hand rail is still in place) at the top of Lyrebird Gully falls to then find a 'The Great North Walk' sign back on the other side.

### 2.42 | Lyrebird waterfall

This informally named waterfall is found on Lyrebird Gully creek about 300m upstream of its confluence with Calna Creek. The top of the fall is partially fenced with a timber handrail where the water flows over the solid rock platform, with naturally carved holes, to fall about 8m to the shallow pool and boulders below. The track passes the top of the fall and does not provide a good view of the face of the fall, but it is still a very pleasant spot.

### 2.42 | Lyrebird Waterfall

*(140 m 4 mins)* Continue straight: From near the top of Lyrebird Waterfall, this walk follows the GNW arrow post, away from the face of the 'The Great North Walk' sign up the timber steps. The track soon bends left to follow the side of the hill for about 50m and head through a sandstone overhang, then through a second smaller cave. Continuing along the side of the hill for another 70m, this walk comes to another larger sandstone overhang.

### 2.57 | Lyrebird Caves

The Lyrebird caves are a series of notable sandstone overhangs on the eastern side of Lyrebird Gully. There are 3 main overhangs, with the larger (more northern) one providing significant shelter. The larger cave has a fairly flat base in the centre and provides a pleasant place to rest on a hot or rainy day.

### 2.57 | Lyrebird Caves

*(1.6 km 33 mins)* Continue straight: From the large sandstone overhang, this walk follows the rocky track along the side of the hill, keeping the valley to your left. After about 40m, the track leads steeply down a short rocky slope where the track then continues along the side of the hill for another 200m before bending sharp left and zigzagging steeply down the stone steps to come to the edge of Calna Creek. The track continues along the side of the creek (on your left) through the shaded forest and past some large boulders for about 70m, to then follow a GNW arrow post across the creek using the boulders with carved steps. The track continues downstream (with the creek on your right) among ferns, for almost 300m, where another GNW arrow post leads back across Calna Creek using boulders with carved steps. The track continues among more ferns and mossy boulders, now with creek on your left, for 400m to where the track comes to the wide, clearly tidal section of Calna Creek, where there is a small sandy beach and open views down the valley. The mostly flat track continues down beside the wide creek for another 400m to cross over a flat timber bridge, then just 25m later, this walk comes to the signposted campsite, in casuarina forest.

### 4.18 | Calna Creek Campsite (south)

This small signposted campsite sits on a flat grassy clearing in a small casuarina forest which provides plenty of shade. There is a small fireplace set up. This creek-side campsite is a good spot for those wanting to get the most out of a relaxing, overnight camp, just a short stroll to Berowra Creek and the main spine of the Great North Walk. Bring your own water, as the creek water is not suitable for drinking.

### 4.18 | Calna Creek campsite (south)

*(400 m 9 mins)* Continue straight: From the campsite, this walk follows the clear track downstream, keeping Calna Creek to your left. After about 100m of walking through flat grassy area and casuarina forest, this walk leads over

a timber bridge (with handrails) that crosses a small tidal creek. The now rocky track continues for another 180m, stepping over a fallen tree, to then climb up a short timber staircase. At the top of these stairs, the track leads over a rocky rise then back down where the track mostly flattens out for another 100m to come to a large, unsignposted clearing and campsite (on your right), just before the southern tip of the saltmarsh.

### 4.58 | Calna Creek Campsite (north)

This is a quaint little campsite, located on the Mt Kuring-gai access track to the Great North Walk, on the banks of Calna Creek. This campsite provides plenty of room for a few tents, and also a fire scar with logs for seating. Carry in your own water as the salty creek water is not suitable for drinking.

### 4.58 | Calna Creek campsite (north)

*(110 m 2 mins)* Continue straight: From the campsite, this walk follows the clear track south, keeping Calna Creek (though the trees) to your left. After about 100m, the track comes to a well signposted intersection just beside Calna Creek bridge.

### 4.69 | Calna Creek Bridge intersection

*(1.1 km 27 mins)* Turn right: From the intersection, this walk follows the 'Berowra Waters' sign along the timber boardwalk. The boardwalk leads for about 80m across the large open flat saltmarsh into the casuarina forest on the other side. Here the track bends left and leads along the side of the saltmarsh for almost 200m, where the rocky track leads a little further before coming alongside Berowra Creek's mangroves. The track continues to gently undulate along the side of Berowra Creek for about 650m among the casuarinas and grass tress, before heading up a fairly short, steep climb. At the top of this climb, the walk comes to a small, flat, pleasant clearing surrounded by large boulders.

### 5.84 | Sams Creek ridge clearing

*(500 m 11 mins)* Continue straight: From the clearing, this walk leads down the north eastern side of this ridge, keeping the main valley to your left. After about 100m this walk comes to another flat saltmarsh, where the track bends right to soon come to a large flat clearing beside Sams Creek (subject to flooding). The track then leads alongside Sams Creek (on your left) for about 350m when, just after climbing over a rock, the track comes to a 'Crosslands' sign pointing back along the track, beside the creek.

### 6.34 | Sams Creek Crossing

*(670 m 30 mins)* Turn left: From the south side of the creek, this walk follows the 'Berowra Waters' sign across the rocky Sams Creek. This creek may become impassable after heavy or prolonged rain. On the other side, the track veers left, crossing a rocky gully and heads up the timber steps. The track now starts to climb steeply, zigzagging up the timber steps and a couple of staircases for just over 300m to find a bench seat in a small sandstone cave. After a rest, this walk continues up more steps (and staircases) for just over 150m, coming to a T-intersection with a wide service trail, where a 'Crosslands' sign points back down the track.

### 7.01 | Optional sidetrip to Int of Naa Badu Lookout

*(260 m 7 mins)* Turn left: From the intersection, this walk follows the 'Berowra Waters' sign gently down along the management trail, keeping the valley to your left. The trail gently undulates along the side of the hill, enjoying some glimpses up to the cliff faces (on the right). After about 180m, the trail crosses a concrete drain, then leads up the hill to find the signposted 'Naa Badu' lookout and its great view. At the end of this side trip, retrace your steps back to the main walk then Continue straight.

### 7.01 | Naa Badu Lookout

Naa Badu Lookout offers magnificent views south over Berowra Creek as well as over Sams and Calna Creeks. Naa Badu means 'See water' in the Aboriginal tribal language of the Dharug people. It is believed that Berowra Creek was the boundary between the Dharug and Guringai Aboriginal peoples. The lookout is fenced, has a bench seat, picnic table and a fair amount of natural shade.

#### **7.01 | Int of GNW and Berowra Link tracks**

*(1.1 km 27 mins)* Turn right: From the intersection, this walk follows the 'Berowra Station' sign uphill along the wide management trail. The trail then undulates around the side of valley, now generally heading downhill for about 600m before crossing a small creek (where the trail is gravel). The trail continues for another 300m to a wide three-way intersection, where a sign (on your right) points back to 'Crosslands'.

Veer right: From the intersection, this walk follows the 'Berowra Station' sign downhill along the management trail, which soon bends to the right. The trail then leads moderately steeply downhill, before continuing uphill for about 40m more to a Y-intersection with a narrow track (on your left), marked with a GNW arrow.

#### **8.12 | Int of Berowra service trail and GNW**

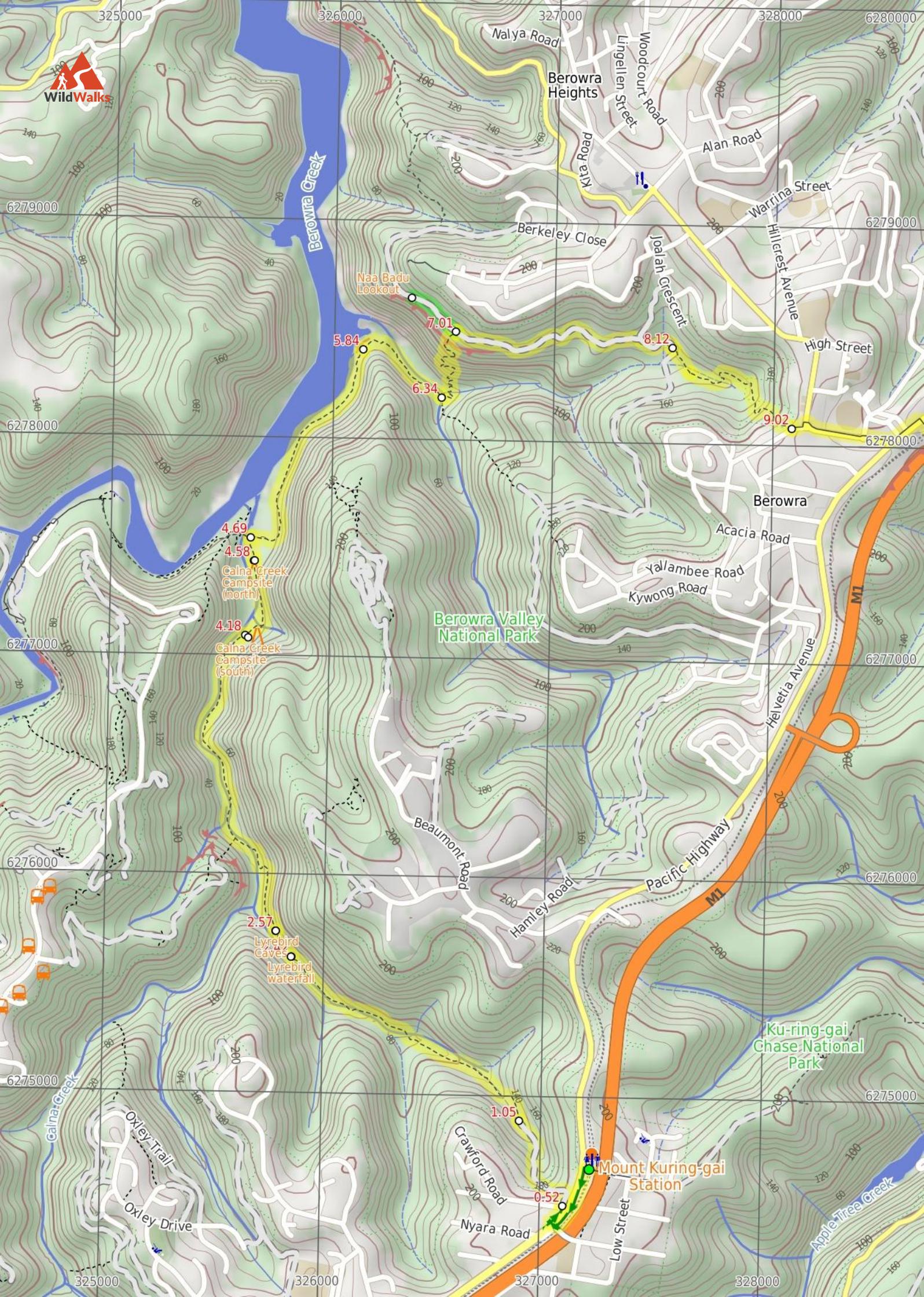
*(900 m 21 mins)* Veer left: From the intersection, this walk follows the GNW arrow post along the narrow track. The track leads over a small rise then down to cross a small creek. The track then heads uphill for about 40m to find a three-way intersection marked with a couple of arrow posts.

Veer left: From the intersection, this walk follows the arrow post gently uphill along the track, whilst keeping the gully on your left. Over the next 500m, the track crosses the gully twice then become steeper as it climbs up towards the rocks and drier forest. This walk then climbs the metal staircase, turns left and follows the unfenced rock platform. The track soon bends right and climbs up the fairly steep steps for about 120m, which come up behind some houses. From here, the track leads left up through an open grassy parkland (past the sign pointing back down to 'Crosslands') to find Crowley Rd.

#### **9.02 | Crowley Road track head**

*(710 m 14 mins)* Turn left: From the small park, this walk follows the 'Berowra Station' sign alongside Crowley Rd 40m to the roundabout. The walk crosses Berowra Waters Rd in front of the 'Old Berowra District Hall'. Here the walk heads right and follows the footpath past the park, across 'The Gully Rd', past the Caltex and post office and up to the Pacific Hwy. The walk turns left, following the footpath for just over 150m past a series of local shops and cafes, then turns right and crosses the highway at the traffic lights past the GNW signpost to Berowra Station.





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## Summary navigation sheet for the Mt Kuring-gai Track to Berowra station



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
Start	Mt Kuring-gai Railway Station -33.6538,151.1367 (GR Hornsby, 272747)	8 -9	520 m 9 mins	From the middle of the tunnel at the bottom of the stairs at Mt Kuring-gai railway station, this walk follows the 'To the Great North Walk' sign through the tunnel to the Pacific Hwy.
0.52	Int of Glenview Rd and the Pacific Hwy -33.6553,151.1354 (GR Hornsby, 271745)	2 -84	530 m 12 mins	Continue straight: From the intersection (of Glenview Rd and the Pacific Hwy), this walk follows the GNW arrow post around the locked 'Lyrebird Gully Track' gate, to head down the sealed management trail.
1.05	Lyrebird Clearing -33.6518,151.1333 (GR Hornsby, 269749)	21 -92	1.4 km 27 mins	Continue straight: From the bottom of the sealed management trail, this walk follows the GNW arrow post across the clearing following the old dirt trail.
2.42	Lyrebird Waterfall -33.645,151.1221 (GR Hornsby, 259756)	14 -1	140 m 4 mins	Continue straight: From near the top of Lyrebird Waterfall, this walk follows the GNW arrow post, away from the face of the 'The Great North Walk' sign up the timber steps.
2.57	Lyrebird Caves -33.644,151.1214 (GR Hornsby, 258757)	39 -106	1.6 km 33 mins	Continue straight: From the large sandstone overhang, this walk follows the rocky track along the side of the hill, keeping the valley to your left.
4.18	Calna Creek campsite (south) -33.6317,151.1199 (GR Hornsby, 256771)	23 -23	400 m 9 mins	Continue straight: From the campsite, this walk follows the clear track downstream, keeping Calna Creek to your left.
4.58	Calna Creek campsite (north) -33.6287,151.1203 (GR Hornsby, 257774)	0 -3	110 m 2 mins	Continue straight: From the campsite, this walk follows the clear track south, keeping Calna Creek (though the trees) to your left.
4.69	Calna Creek Bridge intersection -33.6277,151.1202 (GR Hornsby, 256775)	67 -58	1.1 km 27 mins	Turn right: From the intersection, this walk follows the 'Berowra Waters' sign along the timber boardwalk.
5.84	Sams Creek ridge clearing -33.6199,151.1257 (GR Cowan, 261784)	20 -23	500 m 11 mins	Continue straight: From the clearing, this walk leads down the north eastern side of this ridge, keeping the main valley to your left.
6.34	Sams Creek Crossing -33.6219,151.1295 (GR Cowan, 265782)	181 -44	670 m 30 mins	Turn left: From the south side of the creek, this walk follows the 'Berowra Waters' sign across the rocky Sams Creek.
7.01	Int of Great North Walk and Berowra Link tracks -33.6192,151.1302 (GR Cowan, 265785)	19 -22	260 m 7 mins	Optional sidetrip to Int of Naa Badu Lookout. Turn left: From the intersection, this walk follows the 'Berowra Waters' sign gently down along the management trail, keeping the valley to your left.
7.01	Int of Great North Walk and Berowra Link tracks -33.6192,151.1302 (GR Cowan, 266785)	57 -69	1.1 km 27 mins	Turn right: From the intersection, this walk follows the 'Berowra Station' sign uphill along the wide management trail.
8.12	Int of Berowra service trail and Great North Walk -33.6199,151.1408 (GR Cowan, 275784)	106 -18	900 m 21 mins	Veer left: From the intersection, this walk follows the GNW arrow post along the narrow track.
9.02	Crowley Road track head -33.6232,151.1467 (GR Cowan, 281781)	15 -25	710 m 14 mins	Turn left: From the small park, this walk follows the 'Berowra Station' sign alongside Crowley Rd 40m to the roundabout.